

1 *Original Research*

2 **Therapeutic lumbar punctures in HIV-associated cryptococcal meningitis: should opening**
3 **pressure direct management?**

4 **Short Title:** Lumbar punctures in cryptococcal meningitis

5
6 *Enock Kagimu*¹, *Nicole Engen*², *Kenneth Ssebambulidde*¹, *John Kasibante*¹, *Tadeo K Kiiza*¹,
7 *Edward Mpoza*¹, *Lillian Tugume*¹, *Edwin Nuwagira*³, *Laura Nsangi*¹, *Darlisha A Williams*^{1,4},
8 *Kathy Huppler Hullsiek*², *David R Boulware*⁴, *David B Meya*^{1,4,5}, *Joshua Rhein*^{1,4}, *Mahsa*
9 *Abassi*^{*1,4}, *Abdu K Musubire*^{*1}

10 ***Contributed equally**

11
12 ¹ Infectious Diseases Institute, College of Health Sciences, Makerere University, Kampala,
13 Uganda

14 ² Division of Biostatistics, School of Public Health, University of Minnesota, Minneapolis, MN,
15 USA

16 ³ Mbarara University of Science and Technology, Mbarara, Uganda

17 ⁴ Division of Infectious Diseases, Department of Medicine, University of Minnesota Medical
18 School, Minneapolis, MN, USA

19 ⁵ School of Medicine, College of Health Sciences, Makerere University, Kampala, Uganda

20
21 **Corresponding Author:** Enock Kagimu, Infectious Diseases Institute, Makerere University, PO
22 Box 22418, Kampala, Uganda (kanockenock@gmail.com)

23
24 **Alternative Corresponding Author:** Mahsa Abassi, Division of Infectious Diseases,
25 Department of Medicine, University of Minnesota, 420 Delaware Street SE, Mayo D416
26 Minneapolis, MN, USA (abass004@umn.edu)

27
28

1 **Abstract**

2 **Background:** Increased intracranial pressure (ICP) frequently complicates cryptococcal
3 meningitis. Therapeutic lumbar punctures (LPs) have acute survival benefits in the first week,
4 and we sought to understand the longer-term survival impact of therapeutic LPs.

5 **Methods:** We prospectively enrolled HIV-seropositive adults with cryptococcal meningitis from
6 2013 to 2017 in Uganda. CSF opening pressure was measured at diagnosis. Therapeutic LPs
7 were scheduled on days 3, 7, 10, 14, and performed additionally as clinically indicated. We
8 assessed the association between clinical characteristics, CSF parameters, and 14- and 30-day
9 mortality by baseline ICP. We also assessed 30-day mortality by number of follow-up
10 therapeutic LPs performed within 7 days.

11 **Results:** Our analysis included 533 participants. Participants with baseline ICP>350 mmH₂O
12 were more likely to have Glasgow Coma Scale score (GCS) <15 (p<.001), seizures (p<0.01), and
13 higher quantitative cryptococcal cultures (p<.001), while participants with ICP <200 mmH₂O
14 were more likely to have baseline sterile CSF cultures (p<.001) and CSF WBC ≥5 cells/mcL
15 (p=0.02). 30-day mortality was higher in participants with baseline ICP >350 mmH₂O and ICP
16 <200 mmH₂O as compared with baseline ICP 200-350 mmH₂O (Hazard Ratio 1.55; 95%CI,
17 1.10–2.19; p=0.02). Among survivors at least 7-days, the 30-day relative mortality was 50%
18 higher among participants who didn't receive any additional therapeutic LPs compared to those
19 with ≥1 additional follow up LP (33% vs 22%; p=0.04), irrespective of baseline ICP.

20 **Conclusion:** Management of increased ICP remains crucial in improving clinical outcomes in
21 cryptococcal meningitis. Guidelines should consider an approach to therapeutic LPs that isn't
22 dictated by baseline ICP.

23 **Keywords:** Baseline Opening Pressure, Therapeutic Lumbar Puncture, Mortality, Cryptococcal
24 Meningitis

25

1 **Introduction**

2 Cryptococcal meningitis is the most common cause of HIV-associated adult meningitis in
3 sub-Saharan Africa and is associated with up to 40 to 70% one-year mortality [1-3]. Increased
4 intracranial pressure (ICP), defined as cerebrospinal fluid (CSF) opening pressure above 200
5 mmH₂O, is a common presentation in cryptococcal meningitis and contributes to mortality and
6 disability [4-11]. Management of increased ICP involves serial therapeutic lumbar punctures
7 (LPs), lumbar drain placement, ventriculostomy, or ventriculoperitoneal shunting [10, 12-14].
8 Lumbar drains carry the risk of infection, and ventriculostomies or ventriculoperitoneal shunts
9 are not easily accessible in many resource-limited settings, such as in sub-Saharan Africa, where
10 the burden of cryptococcal disease is highest [1].

11 World Health Organization (2018 and 2022) and 2010 Infectious Diseases Society of
12 America recommendations for the management of increased ICP in cryptococcal meningitis
13 depend on the critical ability to measure baseline CSF opening pressure [10, 15, 16]. CSF
14 drainage is recommended whenever ICP is >250 mmH₂O (25 cmH₂O) or there are symptoms of
15 increased ICP. Therapeutic LPs and CSF drainage are to be repeated daily if there is persistent
16 elevation of CSF pressure >250 mmH₂O until ICP and symptoms have stabilized for two
17 consecutive days [10, 15]. While an additional LP at the conclusion of induction antifungal
18 therapy is often recommended to document culture sterility, therapeutic LPs following
19 normalization of ICP by manometry are generally symptom-directed. Existing guidelines do not
20 suggest a role of therapeutic LPs in cryptococcal meningitis when baseline ICP are not elevated
21 or in persons without classical signs and symptoms of increased ICP [10, 15, 16].

22 While guidelines emphasize therapeutic LPs based on baseline ICP, several studies have
23 demonstrated that additional therapeutic LPs, irrespective of baseline ICP or symptoms, improve

1 overall survival [17, 18]. We previously demonstrated a 69% reduction in ~10-day survival for
2 persons receiving one therapeutic LP in the first week, irrespective of baseline ICP [17]. In this
3 study, we investigate the role of repeat therapeutic lumbar punctures in the first week, for
4 survival outcomes after the first week through 30-days. Additionally, we evaluate risk factors for
5 elevated ICP in HIV-associated cryptococcal meningitis and its relationship with survival.

6 **Methods**

7 Data from the Adjuvante Sertraline for the Treatment of HIV-Associated Cryptococcal
8 Meningitis (ASTRO-CM) pilot study and randomized control trial were used in this analysis.
9 The ASTRO-CM phase II trial, conducted from August 2013 to August 2014, was an open-label
10 dose-finding study to evaluate the safety and tolerability of escalating doses of adjunctive
11 sertraline in addition to standard therapy for cryptococcal meningitis [19]. Eligible participants in
12 the ASTRO-CM phase III randomized clinical trial, conducted from March 2015 to May 2017,
13 received standard antifungal therapy with either adjunctive sertraline or placebo [20]. Sertraline
14 was administered at a dose of 400 mg/day for 2 weeks followed by 200 mg/day for 12 weeks.
15 Eligible participants in both studies included HIV-seropositive adults (≥ 18 years old) diagnosed
16 with first episode cryptococcal meningitis. Diagnosis of cryptococcal meningitis was made via a
17 positive finger stick and CSF cryptococcal antigen lateral flow assay (Immy, Norman, OK, USA)
18 [21, 22]. All participants received standard antifungal therapy of up to 14 days of amphotericin B
19 (0.7-1 mg/kg/day) + fluconazole (800 mg/day for 4 weeks followed by 400 mg/day for 8 weeks).
20 For the purposes of our analyses, randomized groups were combined as sertraline had no effect
21 on ICP or survival [20].

22 Enrolled participants received a baseline LP for the diagnosis of cryptococcal meningitis,
23 measurement of CSF opening pressure in the lateral decubitus position using a manometer

1 (hereafter referred to as ICP), and CSF quantitative cryptococcal culture performed [23]. Serial
2 scheduled therapeutic LPs were performed to control elevated ICP and perform quantitative
3 cultures on days 3, 7, 10 and 14 (± 1 day window for performing an LP). While the protocol
4 specified therapeutic LPs at scheduled intervals (days 3, 7, 10 and 14) regardless of ICP,
5 additional therapeutic LPs (LPs performed on non-scheduled days) were performed at the study
6 physician's discretion based on clinical judgement for concern of symptomatic increased ICP.
7 Participants however could decline LPs.

8 *Patient Consent Statement*

9 The design of both clinical trials was approved by local ethical committees and conform
10 to Ugandan clinical trial standards. Ethical approval for this study was granted from the
11 Institutional Review Boards at the University of Minnesota, Makerere University, and Mbarara
12 University of Science and Technology. All participants provided their written consent for study
13 participation.

14 *Statistical Analysis*

15 We summarized demographic variables and baseline characteristics by ICP < 200 mmH₂O
16 (intended to represent low-normal ICP), 200-350 mmH₂O (moderately elevated ICP), and > 350
17 mmH₂O (severely elevated ICP) [24], which roughly divided the study cohort into tertiles.
18 Association between baseline ICP groups and binary characteristics were determined using
19 Cochran-Mantel-Haenszel test. Association between baseline ICP groups and continuous
20 characteristics were determined using rank-based methods (Kruskal-Wallis). Groups were
21 compared for mortality using a log-rank test and hazard ratios estimated using Cox proportional
22 hazards models (unadjusted and adjusted) using the 200-350 mmH₂O group as the reference as
23 mortality was lowest in this ICP group.

1 Results

2 Of 632 total participants that enrolled in the ASTRO-CM studies, 533 with first-episode
3 cryptococcal meningitis had a baseline CSF opening pressure recorded and were included in this
4 analysis. Demographic and clinical characteristics are summarized by baseline ICP of <200
5 mmH₂O, 200-350 mmH₂O, and >350 mmH₂O in **Table 1**. Participants with severely elevated
6 baseline ICP (>350 mmH₂O) were more likely to present with a Glasgow Coma Scale (GCS)
7 score <15 (P<0.01), self-reported baseline seizures (P<0.01), focal neurologic deficit (P=0.03),
8 and vision changes (P<.001) as compared to participants who had a baseline ICP of <200
9 mmH₂O and 200-350 mmH₂O. Persons with a severely elevated baseline ICP also had higher
10 CSF quantitative cryptococcal culture (median ~160,000 CFU/mL) as compared to ICP of 200-
11 350 mmH₂O (median ~50,000 CFU/mL) and <200 mmH₂O (median ~32,000 CFU/mL)
12 (P<.001). A lower frequency of those with severely elevated baseline ICP were receiving ART
13 (40% compared to 50% or 51% in low-normal or moderately elevated baseline ICP groups),
14 though this was not significantly significant (P=0.08). A higher proportion of participants with a
15 low-normal baseline ICP (<200 mmH₂O) had sterile cultures (P<.001), CSF white cells ≥5
16 cells/μL (P=.02), and lower serum hemoglobin (P<.001) as compared to those with elevated
17 baseline ICP. Baseline CD4⁺ T-cell counts and proportion of participants receiving antiretroviral
18 therapy did not differ across the ICP groups.

19 Mortality through 30-days differed between ICP groups (log rank P=0.02) as shown in
20 **Figure 1**, with the lowest proportion of deaths occurring in the 200-350 mmH₂O ICP group
21 (30%). Although the proportion of deaths in the <200 mmH₂O and the >350 mmH₂O groups
22 were similar, we observed higher early (<14 days) mortality in the >350 mmH₂O group. Hazard
23 ratios for 14 and 30-day mortality, using baseline ICP of 200-350 mmH₂O as the reference

1 group, are shown in **Table 2**. In unadjusted analysis, baseline ICP >350 mmH₂O was associated
2 with an increased risk of 14-day (Hazard Ratio = 1.73; 95%CI, 1.18 – 2.55) and 30-day mortality
3 (Hazard Ratio = 1.55; 95%CI, 1.10 – 2.19). This significance was not retained after adjusting for
4 GCS, seizures, focal neurologic deficit, CSF WBC >5 cells/μL, quantitative cryptococcal culture
5 and hemoglobin, although some of these are on the causal pathway of elevated ICP. We did not
6 find a statistically significant increased risk of mortality at 14-days in those with a baseline ICP
7 <200 mmH₂O in either the unadjusted model (Hazard Ratio = 1.31; 95%CI, 0.87 – 1.98) or the
8 adjusted model (adjusted Hazard Ratio = 1.34; 95%CI, 0.83 – 2.14). In both the adjusted and
9 unadjusted analysis, however, participants with a baseline ICP <200 mmH₂O had an increased
10 risk of death at 30-days (Hazard Ratio = 1.48; 95%CI, 1.05 – 2.10 and adjusted Hazard Ratio =
11 1.50; 95%CI, 1.01 – 2.23).

12 Among participants who survived at least 7 days (N=424) and were eligible for 2
13 protocol-specified LPs, 72 (17%) received no further LPs, 132 (31%) received one therapeutic
14 LP, and 220 (52%) received 2 or more therapeutic LPs in the first 7 days of follow-up. The
15 clinical characteristics by number of LPs received is shown in **Supplemental Table 1**.
16 Participants who received two or more additional LPs were more likely to have presented with a
17 GCS<15 (P<.001), self-reported seizures (P=0.02), photophobia (P<.001), higher baseline ICP
18 (P<.001), and higher CSF quantitative cryptococcal culture (P<.001). In contrast, participants
19 who had no additional follow-up therapeutic LPs had lower serum hemoglobin levels (P<.001),
20 lower CSF ICP (P<.001), lower CSF quantitative cryptococcal culture (P<.001), and a higher
21 percentage of sterile CSF cultures (P=0.03). The association between the number of follow-up
22 LPs received in the first 7 days and 30-day mortality is shown **Figure 2**. Among participants
23 who had survived at least 7 days, participants who received no additional LPs had a higher

1 mortality (33%; n=24/72) compared to participants who had received either one additional LP
2 (22%; n=29/132) or two or more LPs (19.5%; n=43/220) (P=0.04) over the first 7 days of
3 induction therapy, regardless of baseline ICP.

4 **Discussion**

5 The role of lumbar punctures and CSF drainage in the management of increased ICP in
6 HIV-associated cryptococcal meningitis has been well documented to improve CSF opening
7 pressures, relieve symptoms of ICP, and reduce neurological sequelae [7, 17]. No current studies,
8 however, have been able to properly inform on the optimal frequency that LPs should be
9 performed in cryptococcal meningitis. Observational studies looking at the association between
10 mortality and baseline opening pressures, however, have had mixed results. Graybill *et al* found
11 an association between high baseline ICP and increased mortality [7], whereas Bicanic *et al*
12 found no association between elevated baseline ICP and 2 or 10-week mortality when
13 performing scheduled LPs [18]. Our study adds to current published literature supporting the
14 association between high baseline ICP and increased mortality as well as support the role of
15 scheduled follow-up therapeutic lumbar punctures irrespective of baseline ICP.

16 Current guidelines place emphasis on performing therapeutic LPs when baseline opening
17 pressures are elevated or if there are symptoms of increased ICP [10]. There is no guidance on
18 performing follow-up therapeutic LPs when baseline opening pressures are <200 mmH₂O or
19 symptoms of increased ICP are absent. In our study, 31% of participants had opening pressures
20 <200 mmH₂O and would not have received any additional therapeutic LPs during their
21 hospitalization. For participants who did not receive at least 1 therapeutic LP, our data showed a
22 50% higher relative mortality by 30 days regardless of baseline opening pressure. Therefore,
23 basing recommendations on the use of opening pressures as well as signs and symptoms of

1 increased ICP to dictate the need for therapeutic LPs has its limitations, and further research is
2 needed to investigate the impact of performing therapeutic LPs regardless of the opening
3 pressure and the presence of symptoms.

4 Participants presenting with severely elevated baseline opening pressures (>350 mmH₂O)
5 had a higher 30-day mortality, with the majority of deaths occurring within the first 14 days of
6 hospitalization. Having a baseline opening pressure >350 mmH₂O was associated with an
7 increased risk of mortality at both 14 and 30-days. This association was lost when adjusting for
8 altered mental status, seizures, focal neurological deficits, CSF WBC, quantitative cryptococcal
9 culture, and hemoglobin which demonstrates that severely elevated baseline pressure is a
10 manifestation of advanced disease. Many of the variables are a direct sequelae of elevated ICP
11 being on the causal pathway towards mortality, such as altered mental status, seizures, and
12 neurologic deficits. While participants with a higher opening pressure are more likely to receive
13 repeated therapeutic LPs throughout their hospitalization, they continued to have higher early
14 mortality as compared to those with lower baseline opening pressures. Our data supports
15 consideration of early and aggressive management of severely elevated ICP, including placement
16 of lumbar drains or ventriculoperitoneal shunting in settings where it is possible and if opening
17 pressures remain elevated beyond the first week of cryptococcal meningitis therapy [25-27].

18 We also observed that baseline opening pressures of <200 mmH₂O were associated with
19 increased mortality, but with a higher proportion of deaths occurring later in the disease course.
20 This has also been observed in other large cohorts of individuals with HIV-associated
21 cryptococcal meningitis. Jarvis *et al* similarly found that low CSF opening pressure (<250
22 mmH₂O) was independently associated with 10-week, but not 2-week mortality [28]. We found
23 that while participants with a baseline opening pressure <200 mmH₂O presented less frequently

1 with classic or even subtle symptoms of ICP, they were more likely to be anemic, have sterile
2 CSF cultures at baseline, have an increased frequency of CSF pleocytosis, and received fewer
3 LPs throughout their hospitalization. Since current guidelines do not suggest a need for
4 therapeutic LPs in the context of normal baseline opening pressure, it is possible that a lack of
5 therapeutic LPs, which we observed to be beneficial regardless of baseline ICP, may partially
6 explain this increased mortality. One possible explanation for improved outcomes with
7 therapeutic LPs, even at low baseline ICP, is a false low baseline measurement. Other possible
8 explanations include a delayed increase in intracranial pressure without symptoms over the
9 course of the illness or decreasing CSF fungal burden through manual draining with repeated
10 LPs.

11 The observation that moderately elevated baseline opening pressure is associated with a
12 lower mortality than those with a low-normal baseline opening pressure (<200 mmH₂O) might
13 be considered counterintuitive, though this has been observed in other large studies investigating
14 determinants of mortality in cryptococcal meningitis as well [28]. It is possible that physiologic
15 compensatory mechanisms and proinflammatory cytokines associated with moderately elevated
16 opening pressure are protective. Following this line of reasoning, additional likely explanations
17 for increased mortality at low-normal baseline opening pressure in cryptococcal meningitis could
18 include 1) the presence of an overactive or aberrant proinflammatory immune response [29], or
19 2) the absence of protective physiologic mechanisms that could be exacerbated by the presence
20 of anemia that we observed in this group.

21 We also observed that participants with a baseline ICP <200 mmH₂O had lower
22 hemoglobin levels at baseline. Anemia has been linked to worse survival in cryptococcal
23 meningitis in several studies [28, 30, 31]. Tugume *et al.* previously reported those with

1 hemoglobin <8.5 g/dL at diagnosis, cryptococcal mortality hazard was 2.7-fold elevated at 2
2 weeks [30]. In cryptococcal meningitis, hemoglobin levels were found to be associated with
3 regional cerebral oxygen saturation of tissue delivery of oxygen; hemoglobin positively
4 correlated with cerebral oxygen saturation [32]. Low regional cerebral oxygen saturation <30%
5 was found to be associated with mortality through 30 days [32]. Anemia may be an important
6 modifiable risk factor for mortality, decreasing oxygen delivery to the brain, whereby even small
7 increases in ICP may have a detrimental effect in persons with decreased oxygen carrying
8 capacity to the brain.

9 Participants in our study who did not receive any therapeutic LPs were more likely to
10 have normal baseline opening pressures and were less likely to present with signs and symptoms
11 of raised intracranial pressure. We observed higher 30-day mortality among participants not
12 receiving a therapeutic LP in the first 7 days of therapy irrespective of baseline opening
13 pressures; those receiving 1, 2 or more additional LPs during the first 7 days had relatively
14 similar 30-day mortality. The survival benefit of therapeutic LPs irrespective of opening
15 pressures is further supported in other studies (17). Manometers for measuring opening pressure
16 are not commonly available in settings where cryptococcal meningitis is most prevalent, forcing
17 alternatives to opening pressure-directed management of raised ICP. Scheduled LPs during
18 induction antifungal therapy, for example, have been shown to have mortality benefits. In South
19 Africa, Mkoko *et al* found that in the absence of manometers, performing 4 or more LPs in the
20 first 7 days reduced in-hospital mortality by 60% as compared to having less than 4 LPs
21 performed (11.6% vs. 29% mortality) [33]. In Tanzania, Meda *et al* found that following a strict
22 schedule of performing LPs on study days 0, 3, 7 and 14 rather than leaving the decision to the
23 discretion of the treating clinicians, reduced in-hospital mortality [34]. Our data demonstrate that

1 scheduled LPs provide a mortality benefit even where manometers are widely available, an
2 assertion that other researchers have previously made as long ago as 1994 [35]. The improved
3 survival demonstrated in studies where therapeutic LPs are scheduled would suggest that all
4 individuals should receive repeat therapeutic LPs during their hospitalization irrespective of
5 baseline opening pressure measurement and provides a basis for management where manometers
6 are not available. We have previously recommended removal of 20 mL of CSF in the absence of
7 a manometer, being the median volume removed in this cohort [17].

8 Our analysis is one of the largest to date investigating the effects of baseline CSF opening
9 pressures and therapeutic lumbar punctures on survival. In the context of existing guidelines, we
10 found that symptom-based monitoring for raised ICP has its limitations, which could result in
11 missed recognition of increased ICP. Most guidelines recommend that a repeat LP be performed
12 at 2-weeks to document mycological sterility. Our data suggest that at a minimum, one additional
13 therapeutic LP be performed within the first 7 days of antifungal therapy. As evidence mounts
14 that shorter courses of amphotericin-based induction regimens may be preferred [36, 37],
15 therapeutic LPs will remain necessary. Ultimately, further investigations are needed to
16 understand the ideal timing and frequency of LPs that should be performed. Further research is
17 also needed to understand the driving force behind the late mortality seen in persons who present
18 with low CSF opening pressures.

19 Our study has several limitations inherent in the observational nature of the study. First,
20 our analysis may be confounded by time-dependent bias. We attempted to minimize the effect of
21 time-dependent bias by restricting our mortality analysis only to those who had survived the first
22 7-days of hospitalization, thereby excluding participants who died shortly after hospitalization
23 and were unable to receive any additional LPs. Secondly, the number of LPs each participant

1 received varied. Protocol specified LPs applied to all participants; however, the decision to
2 decline LPs were often influenced by participant or family hesitancy coupled with the severity of
3 illness. This may have biased our mortality analysis. Third, our study was conducted in the
4 context of changing ART availability and standards of care. Antifungal therapy for cryptococcal
5 meningitis in resource-limited settings at the time included a combination of amphotericin B and
6 high dose fluconazole. We recognize that with the revised WHO guidelines (2018 and 2022) and
7 increasing access to flucytosine and liposomal amphotericin, globally, there will be improved
8 mortality among cryptococcal cohorts. That said, even with improved antifungal regimens, we
9 believe that LPs will remain a crucial tool in the treatment of cryptococcal meningitis. While
10 those with severely elevated baseline ICP were more likely to be ART naïve, this was not
11 statistically significant and a link between baseline ICP and ART status has not been previously
12 observed [38].

13 In conclusion, the management of intracranial pressure in cryptococcal meningitis
14 remains a challenge and contributes to both short and long-term mortality. We recommend, at a
15 minimum, scheduled LPs at day 3 and 7 after diagnosis in all persons with cryptococcal
16 meningitis. Future studies are needed to further understand contributing risk factors in persons
17 with normal opening pressure and to understand the optimal number and scheduling of LPs in
18 cryptococcal meningitis.

19 **Acknowledgements:**

20 ASTRO-CM Team Members. Reuben Kiggundu, Andrew Akampurira, Paul Kirumira, Jane
21 Francis Ndyetukira, Cynthia Ahimbisibwe, Florence Kugonza, Carolyne Namuju, Alisat Sadiq,
22 Tadeo Kiiza Kandole, Tony Luggya, Julian Kaboggoza, Eva Laker, Alice Namudde, Sarah
23 Lofgren, Richard Kwizera, Ananta S. Bangdiwala,

1 **Funding:**

2 This research was supported by the National Institute of Neurologic Diseases and Stroke
3 (R01NS086312, K23NS122601, and K43TW010718), the Fogarty International Center
4 (K01TW010268), the National Institute of Allergy and Infectious Diseases (T32AI055433),
5 United Kingdom Medical Research Council / DfID / Wellcome Trust Global Clinical Trials
6 (M007413/1), and Grand Challenges Canada (S4-0296-01). DBM is also supported by DELTAS
7 Africa Initiative grant # DEL-15-011 to THRiVE-2.

8

9 **Potential Conflicts of Interest:**

10 There are no conflicts of interest to disclose on behalf of all the co-authors.

11

ACCEPTED MANUSCRIPT

1 **References:**

- 2 1. Rajasingham R, Smith RM, Park BJ, et al. Global burden of disease of HIV-associated
3 cryptococcal meningitis: an updated analysis. *The Lancet Infectious diseases* **2017**; 17(8): 873-
4 81.
- 5 2. Boulware DR, Meya DB, Muzoora C, et al. Timing of antiretroviral therapy after diagnosis of
6 cryptococcal meningitis. *N Engl J Med* **2014**; 370(26): 2487-98.
- 7 3. Rajasingham R, Rolfes MA, Birkenkamp KE, Meya DB, Boulware DR. Cryptococcal meningitis
8 treatment strategies in resource-limited settings: a cost-effectiveness analysis. *PLoS Med* **2012**;
9 9(9): e1001316.
- 10 4. Diamond RD, Bennett JE. Prognostic factors in cryptococcal meningitis. A study in 111 cases.
11 *Annals of internal medicine* **1974**; 80(2): 176-81.
- 12 5. Denning DW, Armstrong RW, Lewis BH, Stevens DA. Elevated cerebrospinal fluid pressures in
13 patients with cryptococcal meningitis and acquired immunodeficiency syndrome. *The American*
14 *journal of medicine* **1991**; 91(3): 267-72.
- 15 6. van der Horst CM, Saag MS, Cloud GA, et al. Treatment of cryptococcal meningitis associated
16 with the acquired immunodeficiency syndrome. National Institute of Allergy and Infectious
17 Diseases Mycoses Study Group and AIDS Clinical Trials Group. *The New England journal of*
18 *medicine* **1997**; 337(1): 15-21.
- 19 7. Graybill JR, Sobel J, Saag M, et al. Diagnosis and management of increased intracranial pressure
20 in patients with AIDS and cryptococcal meningitis. The NIAID Mycoses Study Group and AIDS
21 Cooperative Treatment Groups. *Clinical infectious diseases : an official publication of the*
22 *Infectious Diseases Society of America* **2000**; 30(1): 47-54.
- 23 8. Zhao T, Xu XL, Nie JM, et al. Establishment of a novel scoring model for mortality risk
24 prediction in HIV-infected patients with cryptococcal meningitis. *BMC infectious diseases* **2021**;
25 21(1): 786.
- 26 9. Brizendine KD, Baddley JW, Pappas PG. Predictors of mortality and differences in clinical
27 features among patients with Cryptococcosis according to immune status. *PLoS One* **2013**; 8(3):
28 e60431.
- 29 10. Perfect JR, Dismukes WE, Dromer F, et al. Clinical practice guidelines for the management of
30 cryptococcal disease: 2010 update by the infectious diseases society of america. *Clinical*
31 *infectious diseases : an official publication of the Infectious Diseases Society of America* **2010**;
32 50(3): 291-322.
- 33 11. Pappas PG. Editorial commentary: An expanded role for therapeutic lumbar punctures in newly
34 diagnosed AIDS-associated cryptococcal meningitis? *Clinical infectious diseases : an official*
35 *publication of the Infectious Diseases Society of America* **2014**; 59(11): 1615-7.
- 36 12. Cherian J, Atmar RL, Gopinath SP. Shunting in cryptococcal meningitis. *Journal of neurosurgery*
37 **2016**; 125(1): 177-86.

- 1 13. Fessler RD, Sobel J, Guyot L, et al. Management of elevated intracranial pressure in patients with
2 Cryptococcal meningitis. *Journal of acquired immune deficiency syndromes and human*
3 *retrovirology : official publication of the International Retrovirology Association* **1998**; 17(2):
4 137-42.
- 5 14. Corti M, Priarone M, Negroni R, et al. Ventriculoperitoneal shunts for treating increased
6 intracranial pressure in cryptococcal meningitis with or without ventriculomegaly. *Revista da*
7 *Sociedade Brasileira de Medicina Tropical* **2014**; 47(4): 524-7.
- 8 15. WHO. Guidelines for the diagnosis, prevention, and management of cryptococcal disease in HIV-
9 infected adults, adolescents and children. Available at:
10 <https://apps.who.int/iris/bitstream/handle/10665/260399/9789241550277-eng.pdf>. Accessed 25
11 Oct.
- 12 16. WHO. Guidelines for Diagnosing, Preventing and Managing Cryptococcal Disease Among
13 Adults, Adolescents and Children Living with HIV. Available at:
14 <https://www.who.int/publications/i/item/9789240052178>. Accessed July 26.
- 15 17. Rolfes MA, Hullsiek KH, Rhein J, et al. The effect of therapeutic lumbar punctures on acute
16 mortality from cryptococcal meningitis. *Clinical infectious diseases : an official publication of the*
17 *Infectious Diseases Society of America* **2014**; 59(11): 1607-14.
- 18 18. Bicanic T, Brouwer AE, Meintjes G, et al. Relationship of cerebrospinal fluid pressure, fungal
19 burden and outcome in patients with cryptococcal meningitis undergoing serial lumbar punctures.
20 *AIDS (London, England)* **2009**; 23(6): 701-6.
- 21 19. Rhein J, Morawski BM, Hullsiek KH, et al. Efficacy of adjunctive sertraline for the treatment of
22 HIV-associated cryptococcal meningitis: an open-label dose-ranging study. *The Lancet Infectious*
23 *diseases* **2016**; 16(7): 809-18.
- 24 20. Rhein J, Huppler Hullsiek K, Tugume L, et al. Adjunctive sertraline for HIV-associated
25 cryptococcal meningitis: a randomised, placebo-controlled, double-blind phase 3 trial. *The Lancet*
26 *Infectious diseases* **2019**; 19(8): 843-51.
- 27 21. Boulware DR, Rolfes MA, Rajasingham R, et al. Multisite validation of cryptococcal antigen
28 lateral flow assay and quantification by laser thermal contrast. *Emerg Infect Dis* **2014**; 20(1): 45-
29 53.
- 30 22. Williams DA, Kiiza T, Kwizera R, et al. Evaluation of fingerstick cryptococcal antigen lateral
31 flow assay in HIV-infected persons: a diagnostic accuracy study. *Clinical infectious diseases : an*
32 *official publication of the Infectious Diseases Society of America* **2015**; 61(3): 464-7.
- 33 23. Dyal J, Akampurira A, Rhein J, et al. Reproducibility of CSF quantitative culture methods for
34 estimating rate of clearance in cryptococcal meningitis. *Med Mycol* **2016**; 54(4): 361-9.
- 35 24. Whiteley W, Al-Shahi R, Warlow CP, Zeidler M, Lueck CJ. CSF opening pressure: reference
36 interval and the effect of body mass index. *Neurology* **2006**; 67(9): 1690-1.
- 37 25. Baddley JW, Thompson GR, 3rd, Riley KO, Moore MK, Moser SA, Pappas PG. Factors
38 Associated With Ventriculoperitoneal Shunt Placement in Patients With Cryptococcal Meningitis.
39 *Open Forum Infect Dis* **2019**; 6(6): ofz241.

- 1 26. Liu Y, Peng X, Weng W, Zhu J, Cao H, Xie S. Efficacy of ventriculoperitoneal shunting in
2 patients with cryptococcal meningitis with intracranial hypertension. *Int J Infect Dis* **2019**; 88:
3 102-9.
- 4 27. Park MK, Hospenthal DR, Bennett JE. Treatment of hydrocephalus secondary to cryptococcal
5 meningitis by use of shunting. *Clinical infectious diseases : an official publication of the*
6 *Infectious Diseases Society of America* **1999**; 28(3): 629-33.
- 7 28. Jarvis JN, Bicanic T, Loyse A, et al. Determinants of mortality in a combined cohort of 501
8 patients with HIV-associated Cryptococcal meningitis: implications for improving outcomes.
9 *Clinical infectious diseases : an official publication of the Infectious Diseases Society of America*
10 **2014**; 58(5): 736-45.
- 11 29. Scriven JE, Rhein J, Hullsiek KH, et al. Early ART After Cryptococcal Meningitis Is Associated
12 With Cerebrospinal Fluid Pleocytosis and Macrophage Activation in a Multisite Randomized
13 Trial. *J Infect Dis* **2015**; 212(5): 769-78.
- 14 30. Tugume L, Morawski BM, Abassi M, et al. Prognostic implications of baseline anaemia and
15 changes in haemoglobin concentrations with amphotericin B therapy for cryptococcal meningitis.
16 *HIV Med* **2017**; 18(1): 13-20.
- 17 31. Bicanic T, Bottomley C, Loyse A, et al. Toxicity of Amphotericin B Deoxycholate-Based
18 Induction Therapy in Patients with HIV-Associated Cryptococcal Meningitis. *Antimicrob Agents*
19 *Chemother* **2015**; 59(12): 7224-31.
- 20 32. Diehl JW, Hullsiek KH, Okirwoth M, et al. Cerebral Oximetry for Detecting High-mortality Risk
21 Patients with Cryptococcal Meningitis. *Open forum infectious diseases* **2018**; 5(6): ofy105.
- 22 33. Philasande Mkoko JDP, Senlika Naidoo. Intracranial pressure management in patients with
23 human immunodeficiency virus-associated cryptococcal meningitis in a resource-constrained
24 setting. *Southern African Journal of HIV Medicine* **2020**; 21(1).
- 25 34. Meda J, Kalluvya S, Downs JA, et al. Cryptococcal meningitis management in Tanzania with
26 strict schedule of serial lumbar punctures using intravenous tubing sets: an operational research
27 study. *Journal of acquired immune deficiency syndromes (1999)* **2014**; 66(2): e31-6.
- 28 35. Malessa R, Krams M, Hengge U, et al. Elevation of intracranial pressure in acute AIDS-related
29 cryptococcal meningitis. *The Clinical investigator* **1994**; 72(12): 1020-6.
- 30 36. Molloy SF, Kanyama C, Heyderman RS, et al. Antifungal Combinations for Treatment of
31 Cryptococcal Meningitis in Africa. *The New England journal of medicine* **2018**; 378(11): 1004-
32 17.
- 33 37. Jarvis JN, Lawrence DS, Meya DB, et al. Single-Dose Liposomal Amphotericin B Treatment for
34 Cryptococcal Meningitis. *The New England journal of medicine* **2022**; 386(12): 1109-20.
- 35 38. Rhein J, Hullsiek KH, Evans EE, et al. Detrimental Outcomes of Unmasking Cryptococcal
36 Meningitis With Recent ART Initiation. *Open Forum Infect Dis* **2018**; 5(8): ofy122.

37

1 **Table 1:** Baseline Demographics by Baseline CSF Opening Pressures (OP)

	OP <200 mmH ₂ O		OP 200-350 mmH ₂ O		OP > 350 mmH ₂ O		
No. with baseline LP	163		197		173		
Demographics	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	p-value ¹
Age, years	163	35 [30, 42]	197	35 [30, 40]	173	34 [29, 40]	0.06
Women	163	72 (44.2%)	197	64 (32.5%)	173	68 (39.3%)	0.07
Weight, kg	142	52 [46, 58]	166	53.5 [48, 60]	127	53 [50, 60]	0.12
Antiretroviral Therapy	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	p-value ¹
Currently on ART	163	81 (49.7%)	197	101 (51.3%)	172	69 (40.1%)	0.08
Months on ART ²	80	4.2 [0.9, 18.2]	101	6.6 [1.1, 37.7]	68	3.3 [0.5, 26.2]	0.26
Clinical Symptoms	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	p-value ¹
Glasgow Coma Score <15	163	66 (40.5%)	197	71 (36.0%)	173	93 (53.8%)	<0.01
Focal neurologic deficit	163	4 (2.5%)	197	5 (2.5%)	173	15 (8.7%)	0.03
Seizures	163	16 (9.8%)	197	25 (12.7%)	173	37 (21.4%)	<0.01
Fever	163	87 (53.4%)	197	97 (49.2%)	173	99 (57.2%)	0.31
Headache	163	158 (96.9%)	197	194 (98.5%)	173	171 (98.8%)	0.39
Vision Changes	163	50 (30.7%)	197	50 (25.4%)	173	75 (43.4%)	<0.001
Photophobia	163	39 (23.9%)	197	51 (25.9%)	173	59 (34.1%)	0.08
Confusion	163	60 (36.8%)	197	61 (31.0%)	173	73 (42.2%)	0.08
Vomiting	163	89 (54.6%)	197	108 (54.8%)	173	115 (66.5%)	0.04
Laboratory	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	p-value ¹
CD4+ cell count/μL	155	17 [7, 53]	191	16 [6, 49]	163	12 [5, 35]	0.14
Sodium < 130 mEq/L	118	64 (54.2%)	134	72 (53.7%)	110	67 (60.9%)	0.47
WBC ≥ 3.5 x 10 ³ /μL	151	73 (48.3%)	178	89 (50.0%)	159	98 (61.6%)	0.03
Hemoglobin, g/dL	151	11.0 [9.0, 12.3]	178	11.5 [10.0, 13.1]	159	12.5 [11.0, 13.7]	<0.001
Absolute Neutrophil 10 ³ /μL	151	1.9 [1.1, 2.9]	178	1.8 [1.3, 2.8]	159	2.6 [1.8, 4.0]	<0.001
Cerebrospinal Fluid	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	N	Median [IQR] or N (%)	p-value ¹
<i>Cryptococcus</i> log ₁₀ CFU/mL ³	133	4.5 [3.0, 5.3]	183	4.7 [3.5, 5.3]	170	5.2 [4.4, 5.8]	<0.001
Sterile cryptococcal culture	162	29 (17.9%)	196	13 (6.6%)	172	2 (1.2%)	<0.001
White cell count, cells/μL	152	<5 [<5, 50]	194	<5 [<5, 45]	171	<5 [<5, 45]	0.10
White cells ≥5 cells/μL	152	68 (44.7%)	194	64 (33.0%)	171	53 (31.0%)	0.02
Protein, mg/dL	134	60 [24, 129]	171	46 [22, 100]	155	47 [20, 91]	0.25

¹Kruskall-Wallis test for medians; Chi-square test for proportions²Among those on ART at cryptococcal meningitis diagnosis³Excludes CSF sterile cultures at baseline in performing quantitative CSF cultures.

1 **Table 2:** Overall Hazard Ratio by Baseline CSF Opening Pressure

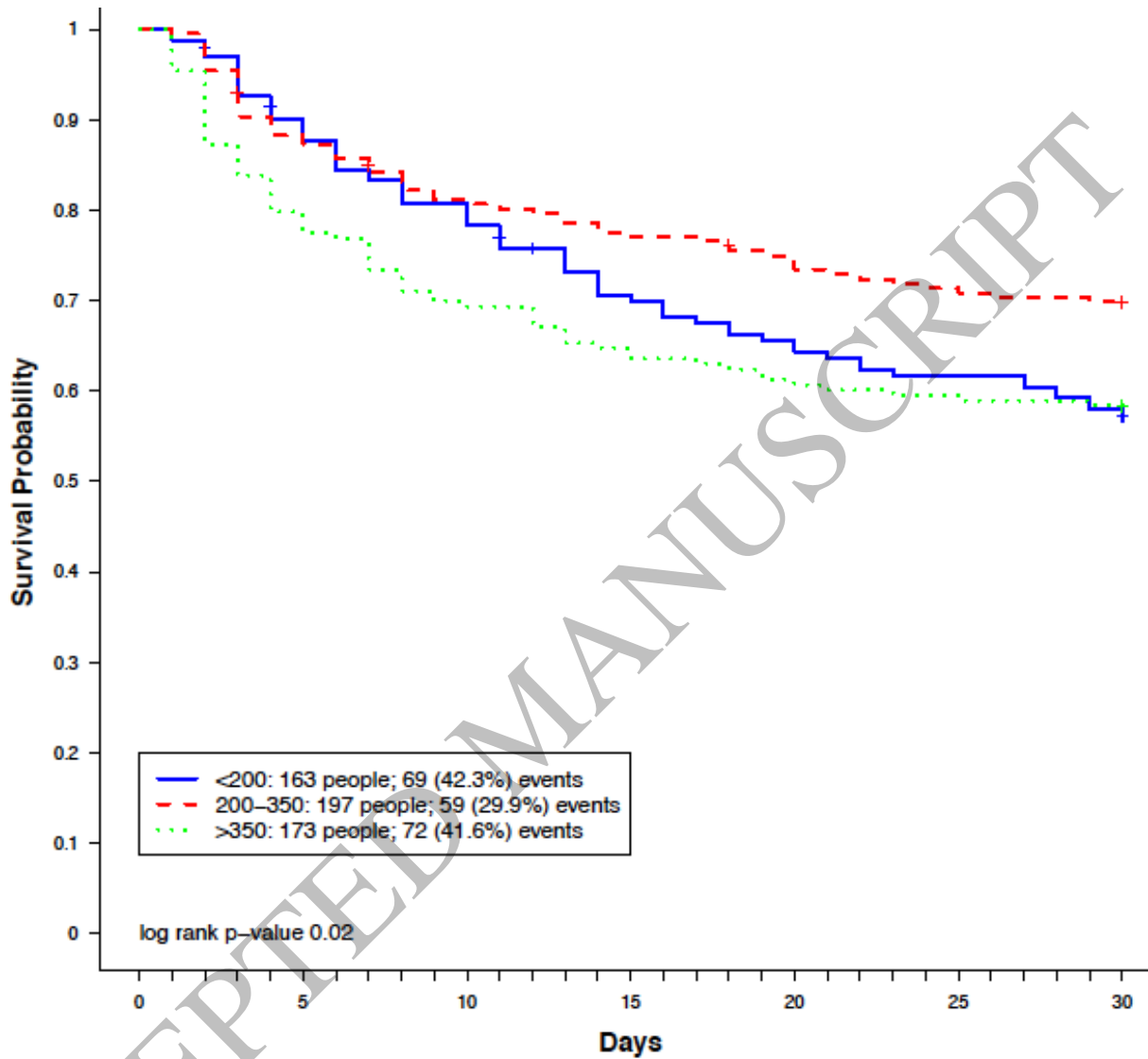
Hazard Ratio for 14-day mortality (N=533) Unadjusted Model				Hazard Ratio for 30-day mortality (N=533) Unadjusted Model			
Baseline Opening Pressure	Hazard Ratio	95% CI	p-value	Baseline OP	Hazard Ratio	95% CI	p-value
<200 mmH ₂ O	1.31	0.87, 1.98	0.20	<200 mmH ₂ O	1.48	1.05, 2.10	0.03
200-350 mmH ₂ O	REF			200-350 mmH ₂ O	REF		
>350 mmH ₂ O	1.73	1.18, 1.11	<0.01	>350 mmH ₂ O	1.55	1.10, 2.19	0.01
Hazard Ratio for 14-day mortality (N=515) Adjusted Model ¹				Hazard Ratio for 30-day mortality (N=515) Adjusted Model ¹			
Baseline OP	Hazard Ratio	95% CI	p-value	Baseline OP	Hazard Ratio	95% CI	p-value
<200 mmH ₂ O	1.34	0.83, 2.14	0.23	<200 mmH ₂ O	1.50	1.01, 2.23	0.04
200-350 mmH ₂ O	REF			200-350 mmH ₂ O	REF		
>350 mmH ₂ O	1.36	0.90, 2.06	0.14	>350 mmH ₂ O	1.29	0.97, 2.13	0.07

¹Model adjusted for baseline Glasgow coma scale, seizures, focal neurologic deficits, CSF WBC<5 cells/mL, CSF quantitative culture (Log₁₀ CFU/mL), hemoglobin. Glasgow coma scale, seizures, focal neurologic deficits are likely all on the causal pathway of the effects of elevated intracranial pressure.

2

3

1 **Figure 1: 30-Day Mortality by Baseline CSF Opening Pressure**



No. pts	163	144	129	111	103	97	91
<200	163	144	129	111	103	97	91
200-350	197	173	158	151	145	138	135
>350	173	138	121	112	106	103	101

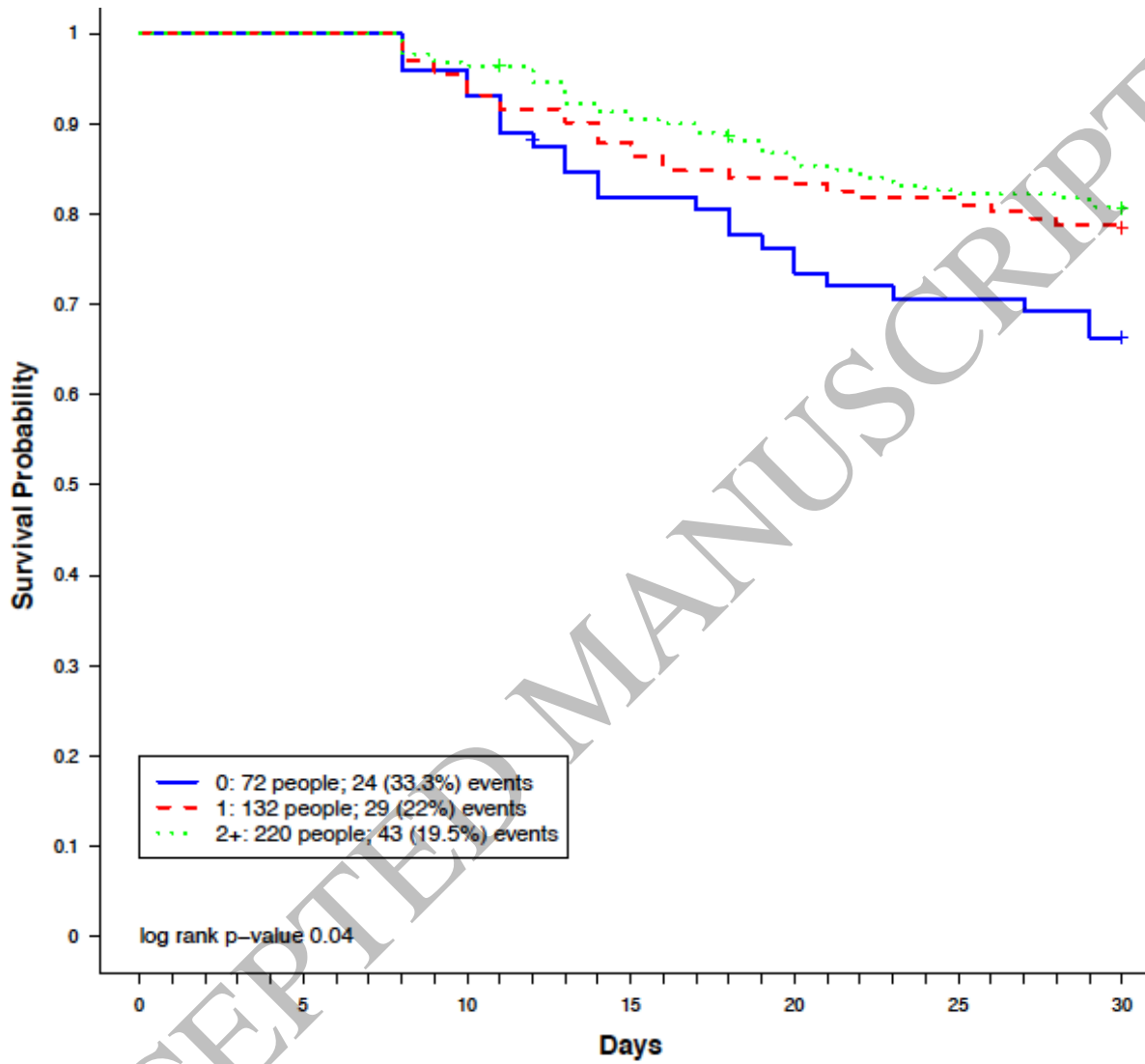
2

3

4

1Figure 2: 30-day Mortality by Number of Follow-up LPs in the First 7 Days for Participants Who
 2Survived at Least 7 Days

3



No. pts	0	1	2+
0	72	132	220
1	72	132	220
2+	69	126	213
	58	116	200
	54	111	189
	50	108	180
	47	104	176

4
5